

Classical physics



$$\vec{v}_i = \vec{\omega} \times \vec{r}_i$$

$$\begin{aligned} K &= \sum_i \frac{1}{2} m_i v_i^2 = \frac{1}{2} \sum_i m_i (\vec{\omega} \times \vec{r}_i) \cdot (\vec{\omega} \times \vec{r}_i) \\ &= \frac{1}{2} \sum_i m_i \vec{\omega} \cdot [\vec{r}_i \times (\vec{\omega} \times \vec{r}_i)] \\ &= \frac{1}{2} \vec{\omega} \cdot \sum_i m_i \{ \vec{\omega} (\vec{r}_i \cdot \vec{r}_i) - \vec{r}_i (\vec{r}_i \cdot \vec{\omega}) \} \\ &= \frac{1}{2} \vec{\omega} \cdot \left\{ \sum_i m_i (r_i^2 \vec{1} - \vec{r}_i \otimes \vec{r}_i) \right\} \vec{\omega} \end{aligned}$$

\underline{I} a 3x3 matrix

$$\vec{L} = \underline{I} \vec{\omega}$$

$$\Rightarrow K = \frac{1}{2} \vec{L} \cdot \underline{I}^{-1} \vec{L}$$

$$\sum_i m_i \begin{pmatrix} y_i^2 + z_i^2 & -x_i y_i & -x_i z_i \\ -x_i y_i & x_i^2 + z_i^2 & -y_i z_i \\ -x_i z_i & -y_i z_i & x_i^2 + y_i^2 \end{pmatrix}$$

if \underline{I} is diagonal, then

$$K = \frac{1}{2} \left(\frac{L_x^2}{I_{xx}} + \frac{L_y^2}{I_{yy}} + \frac{L_z^2}{I_{zz}} \right)$$

If $I_{xx} = I_{yy} = I$ and $I_{zz} = I' \neq I$

$$\text{then } K = \frac{1}{2} \left(\frac{L_x^2 + L_y^2}{I} + \frac{L_z^2}{I'} \right) = \frac{1}{2} \left(\frac{L^2 - L_z^2}{I} + \frac{L_z^2}{I'} \right)$$

Quantum physics

~~For a state~~
A state of definite L^2 and L_z are states of definite K :

$$L^2 = L(L+1) \hbar^2 \text{ and } L_z = M_L \hbar$$

$$K = \frac{1}{2} \left(\frac{L(L+1) - M_L^2}{I} + \frac{M_L^2}{I'} \right)$$

For diatomic molecule, $I' \ll I$ (z -axis is along molecular bond)
and so $M_L = 0$ (or else K is very large).

$$\Rightarrow K = \frac{L(L+1)}{2I}$$